

NIGHT URINE COLLECTION FOR ALBUMIN DETERMINATION (MICROALBUMINURIA)

cU-Alb-Mi (KL 3425)

Detection and follow-up of incipient diabetic nephropathy and other glomerular lesions.

Sampling equipment

- Urine collection container
- Disposable sample containers 3–6 pcs
- Patient instructions
- Name tag

Sampling

You can eat and drink normally during the collection, but do not consume alcohol. The duration of the collection must be at least six (6) hours. Do not collect urine during menstruation.

1. Empty your bladder in the evening, for example at 21:00. This urine batch is not collected. Write down the exact time to the nearest minute.

Collection started date _____ time _____

2. After this, all urine excreted during the night is collected into the collection container. During collection, care must be taken not to waste urine during defecation.
3. The bladder is emptied on the next morning into the collection container, for example at 06:00. Write down the exact time to the nearest minute.

Collection finished date _____ time _____

4. Attach a label with your name and social security number on the side of the collection container.

Storage and transport

The collection container is refrigerated during the collection. The collection container and filled-in patient instructions are brought into the laboratory on the day the collection is finished.